867 boys accompany their father and girls their mother and there they see the horse races and the merrymaking, the dancing and the singing.

869 In their religious life there are no churches, for the temples are not churches. Children never hear sermons or receive formal instruction in religion; but every morning they see grandfather honoring "Heaven and all the spirits" on the roof of the house, and they can go up there with him and make their prostrations as he does. All day long they hear him whispering his "Om Mani" as he fingers his Buddhist rosary, and they learn to pray with him. Similarly they watch their mother honoring the god of the hearth, and on the first and fifteenth of the month they see the burning of the incense and cypress boughs before the family altar. Everything that they see they ask about; and though their elders give them explanations that are closer to folklore than to theology, the children readily accept and believe the marvelous stories that they hear about Buddhas and other deities. Through watching the religious rites at monasteries and village temples and taking part in the family ceremonies for the veneration of ancestors and for deaths and marriages, children acquire, not so much a formal creed as a definite religious attitude that is a part of their social outlook.

867 The village threshing floor is almost as important a factor as the family in the education of a child. It is at public meetings at the threshing floor that the elders of the village and the village chief make all their decisions in community matters. Compromise is the prevailing rule of all such decisions, resort to the law being only a last expedient, and compromise in a village can only be reached through long discussion and public comment. The older generation takes it for granted that children should be brought to such meetings. Women and girls are as much interested as men and boys. Because from childhood they have heard disputes with neighboring villages settled at the threshing floor, men and women alike know the boundaries of their own villages, and what wood lots in the mountains belong to their village and where fuel can be obtained. They know also that there is a sacred hill on which fuel may not be obtained, because they can remember when somebody was publicly punished by beating at the meeting for breaking the tabu. Similarly they know that each family must pay its share for keeping up the cult of the clan ancestors and the religious observances of the village, because they have seen people punished and harshly reproved by the elders for attempting to evade payment of their share.

Not only have they seen men lashed and hung up by their thumbs for theft and other crimes, but they have seen young women beaten and shamed before the whole community for scandalous behavior toward their elders or for escapades with men.

They hear, moreover, every detail that goes with every story, no matter how intimate and delicate, including

even minor Living Buddhas live in luxurious residences, with a private chapel and servants. Admittance to the Living Buddha is very complicated; no one is even allowed to enter the kitchen, at the entrance of which, when the Living Buddha is present, is a high stone, whitewashed and covered with a ceremonial scarf.

The first duty of the intendant is to acquire for his new master two lama teachers of good repute and extensive learning, in order to provide for the education of the pupil. The first lessons consist of training the boy, grooming him for a big throne, to handle the protocol, as one to the manner born. The new pupil, clad in shining garments of embroidered silk, has to learn again and again to proceed with a stately, measured tread to his throne, which is draped with silk of royal yellow; to sit down gracefully, adjusting his clothes decently, and wearing a professional smile. He has to be trained by constant repetition to handle with elegance the stick with tufted end, and with solemnity to touch with it the heads of adoring pilgrims, nodding his head at the same time and smiling with calmness and serenity.

An old master told me that it takes weeks and weeks before a pupil sits well in the saddle, and that after months and months the exercises always have to be repeated, because, he said, the dignity of the pupil and the repute of the master are involved. At the same time, he said, the teacher has to instill in the pupil the idea of the eminence of his state in life, to make him conscious that the people adore him and that he really can procure the salvation of all beings. He has to explain his illustrious pedigree in order to enhance in him the sense of his dignity.[25]

No wonder that travelers meeting Living Buddhas, particularly young Living Buddhas, are impressed by the serious omnipotent look on their faces. It is a common saying that all Orientals are born actors, and the joke is well known, "Dress a beggar with the clothes of a governor of a province, and he will immediately play his role to the peak of perfection." Living Buddhas, however, receive an intensive training.

The little Living Buddha then starts reading and writing, memorizing texts and repeating them before his masters, who inflict corporal punishment when he fails to measure up to their expectations. The master, after punishing the pupil, kneels before him and apologizes for having been compelled to mete out punishment to so eminent a Living Buddha. It would seem that Living Buddhas, like ordinary lamas, are not very interested in poring over books and racking their brains over philosophical problems. The last T'u-kuan, born in 1894, had two masters, one from Erh-ku-lung and one sent by his friend the Living Buddha of Labrang. The master from Labrang, after some years, gave up all hope of making a learned man of his pupil, and packed

[25] Schuyler Cammann, *The land of the camel*, 79, 80, 94, New York, Ronald Press, 1950. Rynhart, *op. cit.*, 127, 128.

question of whether a substantial principle underlies the soul or not, or whether *nirvana* could be a state of happiness without there being consciousness of it. They do not care for the philosophers who discuss the existence or the inexistence of this world, of their own being, and even of Buddha himself. They only approach Lamaism from the moral and the practical angles. They endeavor to practice the rites of Lamaism, to heap up merit as prescribed by Lamaism in order to be reborn after this life, which they greatly enjoy, in a paradise of felicity where Buddha, as benevolence incarnate, will make them more and more happy every day, for the duration of time. However, this seems to be only one side of the religious frame of mind of the Lamaist Monguors and Tibetans. The other side seems rooted in the practicality, so often found among uncivilized peoples, which, in order to make more sure of attainment of the religious goal, to enjoy more blessings in this life, and avoid calamities and miseries, leads them to practice shamanist rites and rites belonging to other religions at the same time. This seems to be the complicated frame of mind of the Monguors and Tibetans of Huang-chung who are deeply religious.

Since the objective of this study is the explanation of the religious frame of mind of the Monguors, there will be noted along with the rites the questions ingenuously asked by the children in the schools concerning the topics, the considerations and impressions occasionally expressed by men and women, the dialogues of shamans with the spirits denoting the hopes and the fears of the attendants and their beliefs. All these minute details will help to raise the curtain which shrouds the religious mind.

THE WORLD OF RELIGION AND FEAR IN WHICH THE MONGUORS LIVE

The sense of religiosity is planted in the hearts of the Monguors in early life, in the family circle. Its main feature seems to be fear, rather than love. The children every day see their mothers performing a lot of religious practices in order to avoid the displeasure or punishments of innumerable malignant spirits which beset them everywhere. Their mother's warnings are dinned into their ears, not to do this, not to do that, for fear of being unhappy, because the spirits are very touchy, and a trifle can upset them. In this way the dread and terror of malevolent spirits cut deep furrows in their hearts, and when a hailstorm is about to destroy the crops, the oil lamps on the house altar will be lit in a hurry and the children will fall on their knees invoking Heaven and all the spirits and praying Om Mani, for as long as the threat lasts. They imitate their elders who implore, on bended knees, and urge the gods with piteous pleas, saying innumerable Om Manis and "Heaven and all the spirits" for the protection of their crops. Children cannot forget to their dying day the

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4: Schram M-5 (1911-1922) 1957 AE9 Monguor AE9

anxious moments of the terrible events caused by evil spirits, which the good spirits could not master.

Every day, in the early morning, they climb with their grandfather to the top of the roof, or go into the courtyard before the *manikan*[1] to honor "Heaven and all the spirits," doing the Wei-sang,[2] and looking at the old man who prostrates himself devoutly, they invoke with him "Heaven and all the spirits" and recite Om Mani, in order to get blessings and protection against the alarming evil spirits. When somebody is smitten with a severe disease, they repeat after grandfather, "Heaven and all the spirits" save our mother, save our father, Om Mani, Om Mani. The children know that at home, the altar and the manikan are the most respected items; they know that spirits preside at the gate of the courtyard, at the well, at the stables, and that they protect the cattle. They know at what time and how they are to be honored, and what is to be done to avoid their wrath. The children live at home in an atmosphere of religion and fear, and when they grow up they are convinced that honoring the good spirits is a requisite for the reaping of good crops, the breeding of healthy cattle, the enjoying of the daily bread, and the protection from evil spirits on the prowl to hurt them.

A logical consequence of such a frame of mind is that Monguors never perform any important act with-

[1] In the middle of the courtyard is built a circular manger in which is planted a tall post. On top of the post are often the Lamaist designs of sun and moon and a circle; a flag is attached to the post printed with Tibetan texts and the "Wind Horse" (Chinese, *Lu-ma;* Tibetan, *rlung-rta*) carrying the jewel symbol (*Norbu*). It is called *manikan,* that is, "the mani post," because the popular "Om Mani" is printed on it.

[2] *Wei-sang* (fdzan garga): *Wei* is a Chinese word meaning "kindle"; *sang* is the Tibetan word *Bsans* meaning "cypress incense." It is the rite performed before sunrise, daily during the first and fourth moon, or only on the first, eighth, or fifteenth of the month, by the heads of Monguor families for "Heaven and all the spirits"; it is also enacted simultaneously with most of the important rites. Some straw is spread in a small oven, a few pinches of pounded cones and leaves of cypress are strewn upon it, and a few pinches of flour, of roasted wheat or spelt, and a few drops of pure water are sprinkled; then all is lit and the odoriferous cypress smoke billows up. It is an "odoriferous offering," not a purifying rite. To these three essential components some devout people like to add a pinch of the six usual pounded spices, dried flowers, red or white sugar, threads of five colors, a little butter or fat; some use wine instead of water, and blow the horn and prostrate themselves three times. Prayers are not said at that time. In performing the "big wei-sang" entire branches of cypress are burned. Lamas are fond of the rite, and even during shamanist rites it is observed. The oven wherein the rite is performed is constructed before the manikan or on the roof of the living room; sometimes it is performed on the edge of the manger. In time of epidemics, etc., the whole family never fails to enact the rite as a group. See also Schröder, Zur Religion der Tujen des Sininggebietes (Kukunor), *Anthropos* 47 (1): 43, 1952; 48: 222, 1953. The famous "Wind Horse" is said by some to bring wealth to the family. Others explain that the horses are offered to the roaming souls in the air (which everybody fears) in order that they might pass unmolested; also Eliade, *op. cit.*, 239–245; also W. Schmidt, *Ursprung* 6: 67.

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4: Schram M-5 (1911-1922) 1957 AE9 Monguor AE9

people who have taken the Buddhist vows, are the usual practitioners.

TOPICS OF THE INSTRUCTIONS

Each year I seized every opportunity to get information from fasters concerning that captivating subject, and asked the children in the schools about what grandpa or grandma had said about the lama director, the topics of the preachings, the anecdotes narrated, the number of fasters. Every time the fasters reported that they were happy to have performed the exercises, although they had had a hard time. They had prayed in a group innumerable Om Manis, which had caused them to have a real feeling of happiness, and they had enjoyed the preaching. They seemed to be better Lamaists than before, for they spoke with enthusiasm about their experiences. Without doubt the fast rites had helped buoy them up and had given them zest for life.

However, it was always said that the directors of the exercises were not all interesting talkers, that some were really boring men, but that they all loved Li, the old Living Buddha of Erh-ku-lung. Every year, at three places at least, he was invited, and the fasters urged that the date of the exercises be postponed, in order to enjoy the old man's direction since he had endeared himself to the hearts of the people. He was an intelligent old Living Buddha, a picture of benevolence, with a great kind face, molded on pontifical lines, and all set for hearty smiles. He was a wonderful storyteller, with sparkling wit and a fetching sense of humor, who had the knack of keeping the fasters listening for two and three hours every day. He expounded his doctrine by means of anecdotes and unusual comparisons, which his uncultivated listeners could grasp, remember, and tell to others. He was a fine teacher.

The beloved topic of his talk was the life of Buddha, who fled from the luxurious palace of his illustrious parents; his terrifying mortifications and his endless charity, even for tigers and other animals, so that he had allowed himself to be devoured by the hungry tigress in order that she might nourish her cubs; his refusal to enter paradise, in order to remain in and save the world. Another topic was the paradise of Buddha and its oriental splendor where everybody hoped to go eventually; and also that of the eighteen hells, with all the terrifying torments used in the Orient. He used to put stress, in nearly every talk, on the omniscience of the terrible but equitable judge of death, who accepts no bribes, who knows all the merits and demerits of everyone; whose mill of justice grinds, in the most minute way, all our acts and intentions.

All the children knew that the poor in this world are people who are suffering, for their lack of charity in former existences, or for their covetousness or injustices. The topic of the punishments for injustices was one of those most elaborately developed by all the

directors of the exercises, and their stock of punish- 785
ments for injustices never seemed to be exhausted. 829
People who committed injustices had to repair their 869
faults by being a servant, in their future life, of the person who had suffered on their account, or of being reborn as a donkey, a horse, or an ox, plowing their fields, carrying fertilizer, or harvesting. Even the slightest injustices are not overlooked by the terrible judge, for in order to repair the smallest injustices he makes men and women transmigrate into a hen, laying eggs for years, in behalf of the person who suffered because of them. The topic of reparation for injustices seemed to be an obsession of all the preachers, who seldom hinted at other questions of morals, and so the feeling concerning the widespread rite of repairing injustices, among laymen as well as lamas, and even Hutukhtus, becomes understandable. Never did they hint at the shamanist rites performed in private families.

The topic of the old Li, concerning gentle behavior 538
with animals, was the delight of the fasters, who every year asked him to tell again the marvelous anecdotes he had stored in his repertory concerning the subject, for in his lively telling even old chestnuts took on a new glow. The keen interest of nomads in their animals is a matter of common knowledge. Since the Monguors still love their animals in the way of their ancestors, it is no wonder that they asked for that topic, and that they adored the old Li, whose talks hit straight at their hearts. Below are some of his well-known examples.

In India, an old Living Buddha went every day to 539
preach in monasteries and explain texts. He rode an old elephant which, while the religious exercises of his master lasted, knelt devoutly, listening before the temple gate. The old Living Buddha loved all animals with effusion, and especially his faithful elephant. When the elephant died, the Living Buddha made it reincarnate in a strong boy belonging to a poor family. The heavy boy had the exact gait of an elephant, a big, oval long head, unusually long nose and ears, and an appetite as voracious as that of an elephant. No room was left for doubt; the elephant had reincarnated in a human being. The boy, at the age of seven, became the beloved apprentice of the old Living Buddha. After a few years, the master and his apprentice died at the same time. The reincarnation of the holy man was found in a boy endowed with the same characteristics as an elephant, but in addition he had on the palms of both hands and the soles of his feet the marks of the Buddhist "wheel of life," the characteristic of Living Buddhas. This boy was the genuine incarnation of the holy man who had loved the elephant to such an extent. The new Buddha became as celebrated over all India for his elephant features as for his universal charity, which extended not only to human beings, but even to all animals.

Also in India, a holy lama, very fond of animals, squatted under a tree from dawn to dusk, year after

village started ridiculing and deprecating him. Buddha could not stand this, and made five tongues protrude out of the chief's mouth and made him fall dead on the spot, after which the village became a barren waste. 539

Another of the Living Buddha's topics, several times repeated to me, was that all the Monguor and Tibetan tribes would disappear, many families already being without male issue. The reason, he said, is that nearly all the departed already dwell in paradise and wait there for us, so that now the faster Monguors and Tibetans disappear, the sooner paradise will be furnished with happy inhabitants. "Make your sons become lamas," he would say, "for lamas surely arrive in paradise. However, among the dying, only those who, at the very moment of their death, trust in Buddha may hope to be reborn in a lotus near Buddha, where for thousands of years they will be happy, and where all the inhabitants will be taller and stronger and more beautiful than we are here."

Such are the topics of most of the preaching during the fast exercises. Many times the fasters repeated that they loved the old Li because after every preaching he made them crave for pardon for all their sins, and because he could say the Om Manis over his beads with a wonderful unction. He had touched the hearts of the people. 538

IMPACT OF THE FASTING RITES UPON MONGUOR SOCIETY

Although these exercises were only attended by a relatively small number of older people, their impact upon the families cannot be overestimated, because the old people repeated at home the topics of the lectures and the anecdotes, and because, since the authority with which the old people are vested in a patriarchal society is supreme, they cultivated in the orbit of the family the sense of religiosity; the habit of praying and of craving for pardon. Chiefs, and elders of villages who had attended the meetings, unconsciously and unwittingly were guided by these principles in the administration of the village and in the patching up of troubles. The impact was all the more important because, year after year, the exercises were repeated by the adored old Li, a man with an illustrious pedigree, a scion of the noble and wealthy family of the Li T'u-ssu. The old Li was a personality who provoked a revival of religious feeling in the country. 771 785 869

The anecdotes, ingenuously narrated in the schools by the children, had led me to make inquiries among the fasters themselves about the fast exercises, which before had seemed to me to be an unimportant institution, attended by old women without any bearing on the religious life of the communities. However, taking account of the overall number of the yearly participants in the six centers, and the number of men who attended them, even chiefs of villages and elders, and of the fact that in a patriarchal society the old people wield a supreme influence and also of the strong personality of

the old Li, I understood that for a people endowed with these religious convictions, Om Manis were the sheet anchor when things got stormy, and that they could fall on their knees and crave for pardon for their sins and pray, when hailstorms mistreated their means of subsistence. 771 785 869

Probably the fast exercises were, at that time, one of the mightiest means for promoting the religious feeling inherent in Lamaism. Although the lamas never preach for laymen, in the monasteries, and although a lama only has a talk with them once in a while about religion, and although there are no schools run by lamas, the people knew by means of these fasting exercises that an all-powerful being exists whom the lamas call Buddha, who is all benevolence and goodness, and ready to forgive and to help. They knew the difference between the good Buddhas and the spirits, among which some were really evil beings trying to harm them, and others were so touchy that a trifle could upset them. They knew that a terrible omniscient judge of death exists who controls heaven and the eighteen hells, who decides about their future, according to their acts. They knew that at death their existence was not finished.

However, if account be taken also of what the shamans say at the feasts of the communities and the magical performances enacted by them in behalf of the community and private families, their savage struggle with evil spirits, the ownership of the country and the villages by powerful spirits, the cult of the ancestors subject to decay, the importance of the hearth god and all the spirits who are considered to administer independently their own departments, with punishments or blessings, who are supposed to know the acts of the people and their feelings toward them, it is easy to understand also why a tremendous confusion should exist in their religious thought processes, and why they should act according to the circumstances in unforeseen and confusing ways.

PRODIGALITY OF THE MONGUORS CONCERNING CULT AND RELIGION 775 792

In 1914 a strong group of four or five hundred lamas, clad in rags and dirt, passed through the city of Hsining on the way to Seerkok. They were lamas of the Yellow Sect, belonging to different lamaseries situated south of the Yellow River. The whole country was upset. Rumors were spread concerning an impending revolt, organized by the lamas against the newly established Chinese Republic. Spies were sent all over the country in order to discover clues. After a few days the officials announced that the group had been invited by Seerkok in order to pray for blessings upon the Republic.

The fear of the lamas turned after a few days into a reputation for fantastic sainthood, and Monguors and Tibetans ran to Seerkok in order to offer gifts. The richest families competed with each other to provide the expenses for entertaining for one day these saintly

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